

# **GREENSBORO DERMATOLOGY ASSOCIATES, PA**

## **Patient Information**

### **INFORMED CONSENT—CHEMICAL PEEL**

The instructions provided in this informed consent should be followed by all patients receiving a Chemical Peel. You will be asked to sign this form acknowledging that you have read and understand all of the information presented.

CHEMICAL PEEL TREATMENT PURPOSE: The Chemical Peel being performed is a mild/moderate level treatment designed to improve the texture and appearance of your skin.

PATIENTS WHO SHOULD NOT BE TREATED: A Chemical Peel SHOULD NOT be used on patients with active cold sores or warts, skin with open wounds, sunburn, excessively sensitive skin, dermatitis or inflammatory rosacea in the area to be treated. Inform your medical Esthetician if you have a history of herpes simplex. You should also not have a Chemical Peel if you have a history of allergies, rashes or excessive reaction to any of the components of this treatment. A peel is also not recommended if you have taken Accutane within the past 6 months, or received radiation therapy to the affected area. Most Chemical Peels should not be performed on women who are pregnant or breastfeeding.

ONE WEEK BEFORE YOUR CHEMICAL PEEL: Avoid the following procedures in the area to be treated:

- Electrolysis • Waxing • Depilatory Creams • Laser Hair Removal
- Other facial peels or Microdermabrasion • Filler (two weeks before)

THREE DAYS BEFORE YOUR CHEMICAL PEEL: Avoid these products and/or procedures:

- Retinoids (such as Retin-A, Renova, or tretinoin) and other prescription topical medicines
- Retinol, Alpha-Hydroxy or Beta-Hydroxy Acids, or benzoyl peroxide
- Any exfoliating products that may be drying or irritating
- Botox

Note: The use of these products/treatments prior to your peel may increase skin sensitivity and cause stronger reactions.

AFTER YOUR CHEMICAL PEEL: It is crucial to the health of your skin and the success of your peel that these guidelines be followed:

- 1) Use a sunscreen with at least an SPF of 30; limit direct sun exposure for at least one week.
- 2) You may or may not see visible peeling after the procedure. This is not an indication of whether or not the treatment was effective.
- 3) Do not pick or pull at any peeling or flaking of the skin.
- 4) Your skin may appear slightly redder and be more sensitive for up to one week after the peel.
- 5) Apply a light moisturizer to relieve dryness and tightness.
- 6) Resume the regular use of any prescription topical (such as Retin-A), AHA or BHA, etc. ONLY after the peeling process is complete or after 4-5 days if no such peeling occurs.

ADVERSE EXPERIENCES THAT MAY OCCUR AFTER YOUR CHEMICAL PEEL: It is common and expected that your skin will be red and possibly itchy and/or irritated. It is also possible that other adverse experiences (side effects) may occur. Although rare, the following adverse experiences have been reported by patients after receiving Chemical Peels—stinging and burning, scabbing, slight swelling, and dryness.

**\*CALL THE OFFICE IMMEDIATELY IF YOU ANY EXTREME OR UNEXPECTED ISSUES AFTER THE PEEL\***

Please read and initial the following:

I understand that Chemical Peels are not an exact science and the degree of improvement is variable. I also understand that no guarantees can be made regarding the results.

I do not have any of the conditions described in the “Patients Who Should Not Be Treated” section.