

GREENSBORO DERMATOLOGY ASSOCIATES, PA
Patient Information

What to Expect After Laser Treatment

- After your laser treatment, you will most likely experience redness and mild swelling.
- To help reduce the swelling, you should place ice (or a frozen item, such as frozen peas) on the treated areas for approximately 5-10 minutes. Repeat this procedure 2- 3 times on your treatment day.
- If you have any small blisters or areas of crusting, keep these areas moist with Aquaphor or Vaseline 2 times a day until the areas are well healed.
- The blood vessels that were treated should be gone. However, when some large vessels are treated, they may leave small, purple areas of bruising that will resolve over the next few weeks.
- It is important to avoid sun exposure for the next 2-4 weeks to prevent hyperpigmentation (dark areas) in the treated areas. After this period, we recommend daily use of a sunscreen SPF 30.

Please call our office, Greensboro Dermatology Associates, with any problems or questions, 336-954-7546.