

GREENSBORO DERMATOLOGY ASSOCIATES, PA

Patient Information

CRYOSURGERY POSTOPERATIVE INSTRUCTIONS

1. You have been treated with "cryosurgery." The treated area should be destroyed by this spray of liquid nitrogen. The care of the site should be as follows:
 - a. Within 24 hours after freezing, a small blister may form at the site. This blister may be filled with either clear fluid or bloody fluid. If the blister is causing a great deal of pain, you should cleanse a needle or pin with rubbing alcohol and puncture the blister to drain it. If the blister is not painful, you should just let it heal by itself.
 - b. No special care other than washing the site with soap and water is necessary. The blister should resolve in approximately five to ten days leaving a small crust at the site. The crust should be allowed to come off on its own. Do not pick at or manipulate the crust.
 - c. No bandage is typically needed after cryosurgery. However, if you have punctured a large, tender blister, application of Vaseline Ointment and a band-aid may help with any discomfort.
2. After four weeks if the treated lesion has not resolved, please make an appointment for follow-up evaluation.